



## Savories

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<b>Bagel (VE) ~ Blueberry or Sesame</b> .....	1.75
<b>GF Bagel (GF, DF, soy free, nut free) ~ Plain* or Sesame*</b> .....	2.75
ADD: Cream Cheese .....	25
<b>Chicken Pesto Sandwich (GF)</b>	
~ Choice of Multigrain bread ( <b>GF or Regular</b> ).....	5.25
<b>Greek Feta &amp; Spinach Pie, Crustless (GF, VE)</b> .....	5.50
<b>Muffins (VE) ~ Blueberry or Pumpkin</b> .....	3.50
<b>(GF and DF) ~ Blueberry, Cinnamon Crumb Cake, Pumpkin</b> .....	5.50
<b>Quiche (VE) ~ Spinach &amp; Artichoke or Broccoli &amp; Cheddar</b> .....	4.90
<b>Scones (VE) ~ Plain, Lemon Poppy, White Chocolate Raspberry</b> .....	3.25
<b>Gluten-free (GF, DF, VE) ~ Blueberry, Lemon, or Pumpkin</b> .....	6.50
Add Clotted Cream, Lemon Curd, or Organic Strawberry Preserves .....	50

## Panini Sandwiches

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<b>Maple Turkey and Cheddar on Croissant</b>	
<b>Spinach, Tomato, Basil, Feta, Red Onion on Tuscan White Bread</b> .....	6.50
*Both Paninis are available Gluten-free	

## Soup

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<b>Cheesy Corn Chowder (GF, VE) served w/ parmesan crisps - 12 oz</b> .....	8.25
- Add Bacon.....	.50

## Sweets

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<b>Bars – Apple Strudel w/ Salted Caramel Drizzle (VE)</b> .....	5.50
- <b>(GF) Apple Strudel w/ Salted Caramel Drizzle</b> .....	5.50
<b>Breads (served by the slice - VE) ~ Blueberry Lemon, Cinnamon Coffee Cake</b> .....	2.75
<b>Brownie (VE)</b> .....	2.20
<b>Brownie (GF, DF, VE)</b> ... ..	5.50
<b>Chocolate ~ Decadent Matcha-infused Dark Chocolate (GF, VE)</b> .....	1.95
<b>Cinnamon Bun - (GF, VE, DF)</b> .....	4.75
<b>Cookies (both VE)</b> .....	1.55
<i>Fully Loaded Coconut, walnut Double Chocolate Chip, or Pumpkin Snickerdoodle</i>	
<b>Donuts (GF, DF, VE) ~ Apple Cider or Fudge</b> .....	2.75
<b>French Macaron (GF, VE)</b> .....	2.80
<ul style="list-style-type: none"> <li>• Caramel Sea Salt</li> <li>• Chai</li> <li>• Ginger Lemon Honey</li> <li>• Matcha</li> <li>• Orange</li> <li>• Passion Fruit</li> <li>• Pistachio</li> <li>• Pumpkin Spice</li> <li>• Spiced Apple</li> <li>• Vanilla</li> <li>• Vanilla Brown Sugar</li> </ul>	

<b>Lavender Shortbread (VE)</b> .....	1.80
<b>Whoopie Pie (GF, DF, VE) ~ Chocolate or Pumpkin</b> .....	5.25

# Beverages

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## Hot Tea and Hot Apple Cider (GF, DF, VG, VE)

Small.....	2.65
Medium .....	2.90
Large .....	3.15

## Hot Coffee (GF, DF, VG, VE)

Small.....	2.65
Medium .....	2.90
Large .....	3.15

## Hot Chocolate ..... 2.90

**Kashmir Spice (GF, VE)** ~ with cinnamon, cardamom & ginger

**Nor'Easter (GF, VE)** ~ with vanilla & malt

**Parisien (GF, VE)** ~ with rich dark chocolate flakes

## Hot Cocoa for children (VE) ~ with or without marshmallows ..... 1.30

## Iced Tea (GF, DF, VG, VE)

Small .....	3.15
Large .....	3.65

## Juice Box (GF, VE, DF, VE)

<i>Apple</i> .....	50
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## Lemonade – Organic / (GF, VE, DF, VE)

Small .....	2.65
Large .....	3.00

## Organic Milk ..... 1.25

## Milk, Almond (GF, DF, VG, VE) ..... 1.25

## Matcha Smoothie (GF, DF, VG, VE) (16oz) matcha & almond milk.....3.75

## Sparkling Water (GF, DF, VG, VE) ~ lemon-lime, strawberry watermelon..... 1.25

## Tea Latte (GF, VE) ~ Iced

Small - 16 oz .....	3.70
Large – 24 oz.....	3.90

## Water (bottled) ..... 1.00

GF (Gluten-Free)

DF (Dairy-Free)

VE (Vegetarian)

VG (Vegan)

★ Menu subject to change ★

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